

Dear Friends and Neighbors:

We continue to be inspired by the power of a caring community to respond with flexibility and critical programs that meet the greatest challenges in our towns. Our work at AB United Way expresses the caring power of community in real time. With your support, there is no waiting list for seniors in Acton and Boxborough eligible for a warm meal delivered to their home, children living in Acton Housing Authority started school with backpacks filled with school supplies, and more than 100 community members and professionals were trained in suicide prevention.



**Acton-Boxborough  
United Way**

Over the last year, we also led the way in a community response to suicide and co-created AB Cares, the community coalition that seeks to prevent suicide and support those impacted by suicide. AB Cares created new, local resources for families struggling with mental health, and, we now have wallet resource cards, which bring a positive message of help and hope.

By supporting AB United Way, you make Acton and Boxborough more welcoming, caring and compassionate, and have the power to change all our lives for the better.

Please join us as we continue to make the community stronger.

[Donate Now.](#)

With thanks,

Jeannie Meijer, AB United Way President  
Rachel Sagan, Executive Director

## Upcoming Events

**West Acton Village  
Oktoberfest  
September 29, 2018  
10 AM - 3 PM**

Sidewalk sales throughout the village. All variety of vendors and groups, including AB United Way, will have booths set up in Gardner Field across from the Villageworks. Please stop by to say hello!

In addition, the Merchants Association will be selling "Cookies for a Cause" and hosting a Prize Wheel to raise money for AB United Way's Healthy Teen Initiative.

Visit the [Facebook Event](#) to learn more!

**Day of Caring  
October 4, 2018**

Join us in supporting local agencies serving the

## Message to the AB Community

We at the Acton-Boxborough United Way want to share our deepest sympathies with all those affected by the recent loss of an Acton-Boxborough student in our community. We walk with the community in sorrow, while renewing our commitment to support the mental health needs of our community members.

We would like to share this AB Cares Resources document that lists many helpful mental health resources: [AB Cares Resources Document](#)

In addition, here are two recent articles from *The Beacon*, with information on resources and the AB Cares Coalition:

[Referral service works to connect Acton, Boxborough residents with mental health providers](#)

[AB United Way Responds to Teen Death](#)

## Fall Community Programs

**Suicide Prevention Training: September 17**

Community-wide suicide prevention training, free and open to the public on **September 17,**

human service needs of the community. Volunteers from local businesses, the high school, and AB United Way, give their time to local project sites. Contact us at [abuw@abuw.org](mailto:abuw@abuw.org) to learn more.

## Casino Royale December 1, 2018

Save the date for a fun night with friends and neighbors at our fundraising party of the year. Tickets will go on sale in late October.

Interested in learning how your business can partner with AB United Way? [Contact us](#) today!



## Support AB United Way and the Community

### It's Good for Business!

As a local company doing business in the Acton-Boxborough area, you understand what it means to support a community. We hope that you will be able to sponsor our signature fundraiser - Casino Royale!

Click below for more information on our Casino Royale 2018 Sponsorship Opportunities.

[Casino Royale Letter Sponsorship Opportunities 2018](#)

**SUICIDE PREVENTION TRAINING**  
FREE AND OPEN TO THE PUBLIC  
Sponsored by  
**AB Cares**  
**Question, Persuade, Refer** teaches 3 simple steps anyone can learn to help save a life.  
**SEPTEMBER 17, 2018**  
6:30 - 8:30 PM  
**ACTON HUMAN SERVICES FACILITY**  
(ACTON SENIOR CENTER)  
30 SUDBURY ROAD REAR  
Join us in saying YES to saving the life of a friend, colleague, child, sibling, or neighbor.  
For information and to sign up  
[abuw@abuw.org](mailto:abuw@abuw.org)  
United Way  
Acton-Boxborough  
United Way

**6:30-8:30 PM** at the Acton Human Services Facility (Acton Senior Center), 30 Sudbury Road.

Riverside Trauma Center will be leading a suicide prevention workshop entitled **QPR - QUESTION, PERSUADE, AND REFER**. QPR teaches 3 simple steps anyone can learn to help save a life. Just as people trained in CPR help save thousands of lives each year, people trained in

QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone for help.

## Don't Worry Alone - Stories of Hope: October 24

Presented by  
**Don't Worry Alone: Stories of Hope**  
Join us for a community art show and presentation on sources of hope.  
Wednesday, October 24th, 2018  
6:30-8:30pm  
The Gallery at Villageworks  
525 Mass Ave, Acton, MA  
Refreshments provided  
Free and open to the public  
Seeking art by local artists! If you are interested in submitting artwork, please contact [katie@dannys-place.org](mailto:katie@dannys-place.org) for specifications  
Logos: United Way, Acton-Boxborough United Way, Villageworks, Danneberg Foundation, Minuteman

Please join us for a community art show and presentation on sources of hope. The event will take place on **Wednesday, October 24, from 6:30-8:30 PM**, at The Gallery at Villageworks, 525 Mass Ave in West Acton.

Refreshments provided. Free and open to the public.

Seeking art by local artists! If you are interested in submitting artwork, please contact [katie@dannys-place.org](mailto:katie@dannys-place.org).

Click the images above to download copies of the event flyers.

## School Supply Drive a Success!

We are grateful to all who donated school supplies to benefit the 70 school-aged children living in Acton Housing Authority. With your generosity, children have the tools they need to be ready to learn.



Thanks to all who shared the message on social media - it really got the word out!

**Double Your AB United Way Donation  
with a Matching Gift**

Did you know that many companies offer employee matching gift programs? The impact of your gift can be doubled if you enroll in your employer's matching gift program. Check with your company's HR department to find out if your company has an employee matching program.

Here are just a sample of employers in MA that offer employee matching gift programs:

Dell, Microsoft, Pfizer, Fidelity, Houghton Mifflin, Kronos, State Street, Raytheon, Qualcomm, Verizon, and Bank of America