

CHILDREN, YOUTH AND FAMILY SERVICES

Big Brothers, Big Sisters of Central Middlesex, Inc.

Mentoring programs for disadvantaged youth

(508) 752-7868

www.bbbscm.org

Boys & Girls Club of Assabet Valley

After school program 2:00 – 6:00 and summer camp

212 Great Rd. Maynard, MA

(978) 461-2871

www.bgcav.org

Early Childhood Council

Pre-school child care scholarships for eligible families

(978) 263-2064

Danny's Place Youth Services

Youth Center for 6th-12th graders; counseling and life-coaching ages, 18-24

537 Massachusetts Avenue, Unit 301, Acton, MA

(978) 264-9754

www.dannys-place.org

Doli Atamian Campership Fund

Summer camp scholarships for income eligible children

PO Box 693, Acton, MA 01720

(978) 263-0131 (March 15 through September 1)

www.doliatamiancampership.com

First Connections

Support for children and families through age 12

111 ORNAC Concord, MA

(978) 287-0221

www.firstconnections.org

Friday Night Fun Club

Social activities for developmentally disabled adults.

231 Concord Road, Bedford, MA

(781)-275-8381

Latino Family Network

Outreach and educational support to Latino families; social gatherings, Spanish instruction and referrals

(978) 590-2912

www.familiaslatinas.org

Minute Man Arc for Human Services

Therapeutic and vocational services for children and adults with developmental disabilities

(978) 287-7900

www.minutemanarc.org

Open Door Theater

Community theatre participation for all abilities

PO Box 2553, Acton, MA

(978) 264-8150

www.opendoortheater.org

DOMESTIC VIOLENCE

Domestic Violence Services Network

Programs that provide direct support and advocacy to victims of domestic violence, and to prevent violence against women

(978) 318-3421 or speak to an advocate (888)399-6111

www.dvsn.org

Hagar's Sisters

Christian ministry to overcome the cycle of domestic abuse

(978) 266-0053

HagarsSisters.org

Metro West Legal Services

Pro bono legal assistance

(800) 696-1501 (508) 620-1830

www.mwlegal.org

ELDERLY

Alzheimer's Association, Massachusetts Chapter

Information and Support

(800) 272-3900 or (617) 868-6718

www.alz.org

Cooperative Elder Services

Day program for frail elderly

(781) 863-1166

www.elderdayservices.com

Councils on Aging

Social programs, wellness programs, clinics, classes, support groups and van service

for residents over age 60

Acton: (978) 264-9643

Boxborough: (978) 264-1717

Minuteman Senior Services

Health care, meals on wheels, counseling, support for home-bound seniors and caregivers

(888) 222-6171

www.minutemansenior.org

Acton Meals On Wheels Service

(978) 263-5053

HUNGER AND HOUSING

A Friend in Need *

One time emergency financial assistance

35 School Street

Acton, MA 01720

** Contact must be made by social service worker / case manager / clergy—not by individual or family in need.*

Acton Food Pantry

Bags of groceries and clothing

Wednesdays, 10:00AM—7:00PM

(978) 635-9295

235 Summer Road, Bldg#1, Boxborough, MA

www.actoncommunitysupper.org

Acton Housing Authority

Affordable housing to low-income households

(978) 263-5339

www.acton-ma.gov

Closet for the Needy

Used clothing year round

By Appointment

(978) 263-4305

St. Elizabeth's Church

89 Arlington St., Acton, MA

Household Goods

Provides furniture, blankets, small appliances, and other household items for people in need

(978) 635-1763 or (978) 635-1710

530 Main Street Acton, MA

www.hgrm.org

HUNGER AND HOUSING

(cont'd)

Mt. Calvary Community Supper

Free weekly meal Wed 5–6 PM

472 Massachusetts Avenue, Acton, MA

(978) 263-5156

www.mtcalvaryacton.org

Open Table

Free weekly meal/groceries Thurs 5:30–6:30

(978)369-2275 or 369-1992.

First Parish Church, 20 Lexington Road, Concord, MA.

www.opentable.org

Stow Food Pantry

Bagged groceries, open two times a month

First Parish Church, 353 Great Rd, Rt. 117, Stow, MA

Call for appointment

(978) 897-4230

www.stowfoodpantry.org

LANGUAGE INSTRUCTION

English at Large

One-on-one tutoring, classes for non-English speaking adults

(781)395-2374

www.englishatlarge.org

Hudson Maynard Adult Learning Center

Classes for non-English speaking adults.

(978) 897-4203 Maynard or (978) 567-6250 x0137 Hudson

www.hmalc-learn.org

MENTAL HEALTH

Alcoholics Anonymous

Local support program for those addicted to alcohol

Meetings at St. Matthews and West Acton Baptist Church

(617) 426-9444

www.aaboston.org

Al-Anon

Support group for those whose lives have been affected by another person's drinking

Wednesdays 10-11:30 a.m.

Acton Congregational Church, 12 Concord Rd, Acton, MA

(800) 356-9996

www.ma-al-anon-alateen.org

MENTAL HEALTH

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Eliot Community Human Services

Mental health counseling for people of all ages

(978) 369-1113

www.eliotchs.org

Justice Resource Institute

Metrowest Behavioral Health Center

Therapeutic outpatient services and intervention for children, adults, and families

(978) 264-3500, ext. 3508

www.jri.org/services/

MSPP Interface

Mental health counseling, information and referral services

through age 24. Free for Acton-Boxborough residents

(617)-332-3666, ext. 1411; (888) 244-6843, ext. 1411

msppinterface.org

NAMI (National Alliance on Mental Illness)

Support groups for families, friends of mentally ill

(781) 982-3318

www.nami.org

Restoration Project

Vocational rehabilitation for adults and adolescents

(978) 263-0416

www.restorationproject.org

INFORMATION AND SERVICES

Town of Acton Community Services Coordinator

Laura Ducharme

(978) 929-6651

www.acton-ma.gov

MASS211

24 hour community health and human service referral service

Phone: 211

www.mass211.org



ACTON-BOXBOROUGH
UNITED WAY

DIRECTORY
OF
LOCAL HUMAN
SERVICES

PHONE: (978) 263-1777
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WEB: WWW.ABUW.ORG