

## CHILDREN, YOUTH AND FAMILY SERVICES

### **A B Coalition for Healthy Youth**

*Coalition of agencies that serve adolescents at risk*  
(978) 844-6124  
[abc4healthyyouth@yahoo.com](mailto:abc4healthyyouth@yahoo.com)

### **Big Brothers, Big Sisters of Central Middlesex, Inc.**

*Mentoring programs for disadvantaged youth*  
(508) 752-7868  
[info@cafy.net](mailto:info@cafy.net)  
[www.bbbscm.org](http://www.bbbscm.org)

### **Community Alliance for Youth**

*Resource information and support for parents of adolescents*  
[www.cafy.net](http://www.cafy.net)

### **Early Childhood Council**

*Scholarships for quality pre-school child care for children of low income families*  
(978) 263-1827  
[bsweet@itcacton.org](mailto:bsweet@itcacton.org)

### **Danny's Place**

*Youth Center for 6<sup>th</sup>-12<sup>th</sup> graders; numerous programs in a safe environment*  
(978) 264-9754  
[www.dannys-place.org](http://www.dannys-place.org)

### **Doli Atamian Campership Fund**

*Summer camp scholarships for children*  
PO Box 693, Acton, MA 01720  
(978) 263-0131

### **First Connections (div. of JRI, Inc.)**

*Family Support organization for children and families birth through age 5*  
(978) 287-0221  
[www.firstconnections.org](http://www.firstconnections.org)

### **Latino Family Network**

*Outreach and educational support to Latino families; social gatherings, Spanish instruction and referrals*  
Zoila Ricciardi  
(978) 590-2912  
[www.familiaslatinas.org](http://www.familiaslatinas.org)

### **Minuteman ARC for Human Services**

*Therapeutic and vocational services for children and adults with developmental disabilities*  
(978) 287-7900  
[www.minutemanarc.org](http://www.minutemanarc.org)

## DOMESTIC VIOLENCE

### **Domestic Violence Services Network**

*Programs that provide direct support and advocacy to victims of domestic violence, and to prevent violence against women*  
(978) 318-3421 or speak to an advocate (888)399-6111  
[www.dvsn.org](http://www.dvsn.org)

### **Hagar's Sisters**

*Christian ministry to overcome the cycle of domestic abuse*  
[Info@HagarsSisters.org](mailto:Info@HagarsSisters.org)  
(978) 266-0053

### **Metro West Legal Services**

*Pro bono legal assistance for violence victims*  
(800) 696-1501 (508) 620-1830  
[www.mwlegal.org](http://www.mwlegal.org)

## ELDERLY

### **Alzheimer's Association, Massachusetts Chapter**

*Information and Support*  
(800)272-3900 or (617) 868-6718  
[www.alz.org](http://www.alz.org)

### **Alzheimer's Disease Support Group**

*Support for caretakers*  
Hotline (800)-548-2111

### **Cooperative Elder Services**

*Day program for frail elderly*  
(781)863-2261  
[www.elderdayservices.com](http://www.elderdayservices.com)

### **Councils on Aging**

*Social programs, wellness programs, clinics, classes, support groups and van service for residents over age 60*  
**Acton:** (978) 264-9643  
[Seniorcenter@acton-ma.gov](mailto:Seniorcenter@acton-ma.gov)  
**Boxborough:** (978)263-1116 ext.106

### **Minuteman Senior Services**

*Health care, meals on wheels, counseling, support for home-bound seniors and caregivers*  
(888)222-6171  
[info@minutemansenior.org](mailto:info@minutemansenior.org)  
[www.minutemansenior.org](http://www.minutemansenior.org)

### **Acton Meals On Wheels Service**

(978) 263-5053

## HUNGER AND HOUSING

### **A Friend in Need \***

*One time emergency financial assistance*  
35 School Street  
Acton, MA 01720  
\* Contact must be made by social service worker / case manager / clergy—not by individual or family in need.

### **Acton Community Supper**

*Hot meal program, and clothing closet*  
(978) 635-9295  
Acton Congregational Church  
12 Concord Road  
Acton, MA Wed. 5:30 p.m.-6:30p.m.

### **Acton Food Pantry**

*Bags of groceries for families*  
St. Matthew's Methodist Church (Basement)  
435 Central St, Acton, MA  
Wednesdays, 10:00AM—7:00PM  
(978) 635-9295

### **Acton Housing Authority**

*Support to elderly and disabled residents*  
(978) 263-5339  
[Kelley@ActonHousing.net](mailto:Kelley@ActonHousing.net)

### **Closet for the Needy**

*Used clothing-year round, By Appointment*  
St. Elizabeth's Church  
89 Arlington St., Acton, MA

## HUNGER AND HOUSING

(cont'd)

### Household Goods Recycling of Massachusetts

*Provides furniture, blankets, small appliances, and household items for families in need*

(978) 635-1763 or (978) 635-1739

530 Main Street Acton, MA

[www.hgrm.org](http://www.hgrm.org)

### Stork Support

*Free baby equipment, furniture, baby and maternity clothes*

(978) 486-3245

Littleton Congregational Church, 308 King St. Littleton, MA

### Stow Food Pantry

*Bagged groceries, open two times a month*

*Call for appointment*

(978) 897-4230

## LANGUAGE INSTRUCTION

### Acton-Boxborough Community Education (DIAL)

*Classes for non-English speaking students & adults*

(978) 266-2525

[www.dialesl.com](http://www.dialesl.com)

### Acton Memorial Library

*Collection of language self-instruction in book/cassette packages and audio CD's*

*for learning English and other languages*

486 Main St., Acton, MA

978-929-6655

### English at Large

*One-on-one tutoring, classes for non-English speaking adults*

(781)395-2374

[learn@englishatlarge.org](mailto:learn@englishatlarge.org)

[www.englishatlarge.org](http://www.englishatlarge.org)

### Maynard Adult Learning Center

*Classes in Maynard and Hudson for non-English speaking adults. Free GED classes in Hudson*

(978) 897-4203 Maynard or (978) 567-6250 Hudson

## MENTAL HEALTH

### Alcoholics Anonymous

*Local support program for those addicted to alcohol*

(978) 263-4400 Updated April 2011

St. Elizabeth's Rectory, 89 Arlington St. Acton, MA

## MENTAL HEALTH

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### Al-Anon

*Support group for those whose lives have been affected by another person's drinking*

Acton Congregational Church

12 Concord Rd. Acton (far rear ground floor entrance)

Wednesdays 10-11:30 a.m.

(800) 510-9435

### Concord Family & Youth Services, div. of JRI inc.

*Programs and services to ensure healthy families*

(978) 263-3006

[www.jri.org](http://www.jri.org)

### Eliot Community Human Services

*Mental health counseling for people of all ages*

(978) 369-1113

[www.eliotchs.org](http://www.eliotchs.org)

### NAMI (National Alliance on Mental Illness)

*Support groups for families, friends of mentally ill*

(781) 982-3318

### Restoration Project

*Vocational rehabilitation for mentally ill adults*

(978) 263-0416

[info@restorationproject.org](mailto:info@restorationproject.org)

### Town of Acton Community Services Coordinator

Laura Ducharme, (978) 264-9653.

[lducharme@acton-ma.gov](mailto:lducharme@acton-ma.gov)

*For more information, or to find out how you can help in your community, visit our website or contact our office*

*Local Dollars Helping Local People*

**ACTON-BOXBOROUGH UNITED WAY**

**PO BOX 2258**

**ACTON, MA 01720-6258**

**PHONE: (978) 263-1777**

**EMAIL: [ABUW@ABUW.ORG](mailto:ABUW@ABUW.ORG)**

**WEB: [WWW.ABUW.ORG](http://WWW.ABUW.ORG)**



**Acton Boxborough  
United Way**

# LOCAL HUMAN SERVICES DIRECTORY



A free information and referral line that connects people with specific community services and volunteer opportunities. Also provides updated information on storms, disasters and post-disaster programs.